Citiflip P 400 tablet

Citicoline (500mg) + Piracetam (400mg) Tablet

This combination of Citicoline and Piracetam offers a potent therapeutic option for improving cognitive function, memory, and neurological health. It is often used in the management of various cognitive disorders, enhancing brain function and recovery from neurological impairments.

Composition per Tablet:

• Citicoline (as Sodium Salt): 500 mg

• Piracetam: 400 mg

Indications:

- 1. Cognitive Decline & Dementia: Used in conditions like Alzheimer's disease and other age-related cognitive disorders to improve memory, attention, and mental function.
- 2. Stroke Recovery: Assists in enhancing recovery after a stroke by promoting neuronal repair and improving brain metabolism.
- 3. Traumatic Brain Injury: Helps in cognitive rehabilitation following traumatic brain injury.
- 4. Cerebral Vascular Insufficiency: Improves cerebral blood flow and cognitive performance in individuals with poor circulation to the brain.

Dosage & Administration:

- Adults:
 - o Initial Dose: 1 tablet twice daily (morning and evening), or as

prescribed by your healthcare provider.

Administration:

 Take the tablet orally with a glass of water, preferably with or after meals to prevent stomach upset.

Benefits of Key Ingredients:

- Citicoline (500mg):
 - Enhances brain cell membrane function.
 - Protects against cell damage in the brain and supports neural regeneration.
 - Increases the production of acetylcholine, a neurotransmitter essential for memory and learning.
 - Improves cognitive functions, attention, and mental clarity.
- Piracetam (400mg):
 - Enhances brain cell metabolism by increasing oxygen and glucose utilization in the brain.
 - Improves communication between neurons, aiding in better memory, focus, and learning.

Side Effects:

- Common Side Effects:
 - Mild headache
 - Insomnia or restlessness
 - Nervousness
 - Dizziness
 - o Nausea or upset stomach
- Serious Side Effects (Rare):

- Allergic reactions such as rash, itching, swelling, or difficulty breathing.
- Severe headaches or vertigo.

If you experience any of these symptoms, seek medical attention promptly.

Precautions:

- 1. Hypersensitivity: Not recommended for individuals with a known allergy to Citicoline, Piracetam, or any of the tablet's ingredients.
- 2. Kidney or Liver Impairment: Use with caution in individuals with renal or hepatic issues. Adjustments in dosage may be needed.
- 3. Pregnancy & Breastfeeding: Consult your healthcare provider before using this medication during pregnancy or breastfeeding.

Drug Interactions:

- Anticoagulants (e.g., Warfarin):
 Citicoline may interact with blood-thinning medications, so monitoring of coagulation status is advised.
- Anticonvulsants (e.g., Phenytoin):
 Caution should be taken when using with anti-seizure medications, as the effects on the central nervous system may be altered.
- Cholinergic Drugs: Citicoline may enhance the effects of acetylcholinesterase inhibitors used in dementia, leading to an increased risk of side effects.

Overdose Symptoms:

- Symptoms of overdose may include:
 - Severe headache

- **Drowsiness**
- Dizziness
- Restlessness
- o Nausea

If overdose is suspected, seek immediate medical attention.

Storage:

- Store the tablets at room temperature (15–25°C).
- Keep away from moisture, light, and heat.
- · Keep out of reach of children.

Key Counseling Points:

- 1. Do not exceed the prescribed dose.
- 2. Take the tablet as directed by your healthcare provider and do not adjust the dosage without consulting your doctor.
- 3. If you experience any severe side effects, inform your healthcare provider immediately.

Conclusion:

Citicoline (500mg) + Piracetam (400mg) Tablet is an effective combination therapy for improving cognitive function, supporting neurological recovery, and enhancing mental clarity.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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